




















Where do I come from?

All the food we eat comes from plants and animals. Seeds grow into plants and we eat lots of different types of plants. There are also lots of different types of foods that come from animals too. Look at the pictures below. Can you guess where each food comes from? Match the 'A' pictures with the 'B' pictures and the 'C' pictures with the 'D' pictures.

Seeds has completed one for you. How many can you get right?

A	B	C	D
<p>Fish</p> 	<p>Apple</p> 	<p>Flour</p> 	<p>Rice pudding</p> 
<p>Pig</p> 	<p>Milk</p> 	<p>Milk</p> 	<p>Strawberry jam</p> 
<p>Cow</p> 	<p>Fish fingers</p> 	<p>Bees</p> 	<p>Yoghurt</p> 
<p>Seeds</p> 	<p>Bacon</p> 	<p>Strawberries</p> 	<p>Bread</p> 
<p>Tree</p> 	<p>Healthy spread</p> 	<p>Rice</p> 	<p>Honey</p> 