

Seeds goes shopping

Seeds loves a healthy lunch. He needs to go shopping but only has €10.00 to spend. Can you help Seeds by making a shopping list? Choose the food you think will give Seeds a healthy and balanced lunch. You can pick as many different items as you like but you must stick to your €10.00 budget.

Meat, fish and alternatives							
	Bacon €1.25	Chicken slices €3.25	Tuna €1.40	Eggs 95¢			
	Bread, cereals and potatoes						
		White bread 75¢	Wholemeal bread 75¢	White baguette 70¢		Rye bread €1.55	
Milk and dairy							
		Cheese €2.15	Low fat cheese €2.20	Yoghurt 63¢	Semi-skimmed milk 52¢		
	Fatty and sugary foods						
		Healthy spread €1.53	Butter €1.10	Fizzy pop 65¢	Crisps 52¢		
Fruit and vegetables							
		Apple 26¢	Lettuce 78¢	Tomatoes €1.29	Cucumber 44¢		

Draw your choices on the conveyor belt.

Total: _____

Change: _____